

LAURIE AND CHET FIGG

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FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, Maryland 20857

The consumption of added sugar has jumped 25 percent since 1984, squeezing healthy foods out of the American diet.

As members of the Center for Science in the Public Interest (CSPI), I urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added sugar a food contains.

We find it appalling that so many of our low fat or non fat foods are loaded with sugar and the public is mainly unaware of the dangers of such a high amount of sugar in our diets.

Sincerely yours,

Laurie and Chet Figg

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